

Curriculum Vitae

Head coach Adrienne Krysl



LIECHTENSTEINER
FUSSBALLVERBAND

Adrienne Krysl

Date of Birth: 10th March 1988

Nationality: Schweiz



Soccer Career

- 2023 - today Liechtenstein Football Association
- Head of Women's Football
 - Head coach Women's National Team
 - Head coach FC Triesen Women
- 2016 - 2023 FC Winterthur
- Head coach Women's Team
 - Head of Women's Football (2022 - 2023)
- 2014 - 2023 FVRZ
- Head coach Women's regional team FVRZ U15 (2017 - 2023)
 - Assistant coach Women's regional team FVRZ U13 (2014 - 2017)
- 2012 - 2014 AFV
- Head coach Women's regional team AFV U13
- 1995 - 2014 Soccer player club level
- Juniorinnen, Aktive Frauen FC Seuzach (1995 - 2003)
 - Regionalauswahl FVRZ U13, U15 (2001 - 2003)
 - FC Schwerzenbach/GC, NLA (2003 - 2009)
 - FC St. Gallen, NLA/NLB (2009 - 2014)
- 2004 - 2008 Soccer player national teams
- Switzerland U17 (2004 - 2006)
 - Switzerland U19 (2006 - 2007)
 - Switzerland Women (2007 - 2008)

Diploma

- 2024 - 2026 Qualified trainer for elite sports, Magglingen
- 2024 - 2025 UEFA A-Licence, SFV
- 2021 Qualified trainer for professional sports, Magglingen
- 2019 CAS psychological and mental training in sports IAP (ZHAW Zürich)
- 2018 CAS successfully manage and support in teams (ZHAW Zürich)
- 2017 Youth and sports expert/SFV instructor, Magglingen
- 2016 Medical Athletic Coach, Magglingen
- 2015 Footeco-lection (B+), Emmen